

# **Prairie Sea Kayak Adventures Trip Checklist**

## **How Do I Prepare?**

While kayaks, paddles, and PFDs, and safety equipment will be provided, participants are encouraged to bring:

- A water bottle
- Sunscreen / Bug Spray
- Sunglasses
- A brimmed hat
- Water shoes (optional)
- Camera (optional)
- Rain jacket (check the weather before you leave)
- Change of clothes (as a precaution!)

## **What Is Provided For You?**

- Kayak
- Paddle
- Personal Floatation Device
- Bailing Device
- Whistle
- Dry Bag
- Headlamp (if attending a night time event)

Outside washroom facilities are found on site.

## **When Should I Arrive?**

Participants are to arrive a full half hour before the start of the tour. This will ensure that a kayak, lifejacket, and paddle can be properly fitted to your paddling and safety needs. This will also provide time to sign a waiver form and to pay on site if needed.